

Year 10 Supporting Success

Year 10 Supporting Success



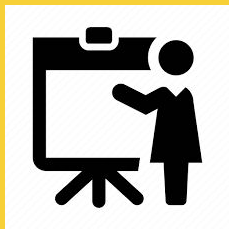
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CARDINAL NEWMAN
CATHOLIC SCHOOL



Outcomes:

Understand the Key stage 4 journey

Share practical strategies for supporting your child at home

Share revision tips

Signpost to information and resources to draw on through this journey

8 to 10



Study 8 to 10 Subjects

23 to 32

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23 to 32 exams (course dependent)

468

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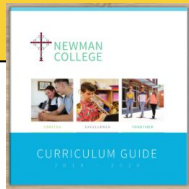


468 days until their final GCSE exam

Or 468 opportunities
language is important

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Year 10 Road Map Key Months

YEAR
12

**GCSE
Results
AUGUST**

YEAR
11

February
Yr 10
Parents
Evening

June/ July
Pre Public
Exams

July
Careers
WEEK

YEAR
10

Year 11 Road Map Key Months

YEAR
12

**GCSE
Results
AUGUST**

**OCTOER
Year 11
Parents
Evenig**

YEAR
11



YEAR
10

Year 11 Road Map Key Months

YEAR
12

**GCSE
Results
AUGUST**

OCTOBER
Year 11
Parents
Evening

NOVEMBER
Pre Public
Exams
College
Applications

YEAR
11



YEAR
10

College Applications Timetable



ADMISSIONS TIMELINE

www.newmancollege.co.uk | newmancollege@cncs.co.uk



NOVEMBER

NEWMAN COLLEGE OPEN EVENING

Come along and visit the college to speak with subject teachers and students. This is a great opportunity to ask questions about our courses and academies and to see the facilities we have. Hear from the College leadership team about our unique offer

SEPTEMBER

PLANNING AND RESEARCH

Use our online prospectus and curriculum guide at <https://www.newmancollege.co.uk/courses> to explore the courses you think you might want to do. Check the entry requirements carefully; this will help you focus on working towards your goals. Do your proposed course choices fit with your career plan? Are you playing to your strengths and following your passions?



DECEMBER

PRIORITY APPLICATION DEADLINE

We must receive your online application by **December 31st** if you wish to be considered a priority applicant. We will continue to accept applications after this point but, priority applicants get interviewed first



NOVEMBER-APRIL

INTERVIEWS AND OFFERS

You will be invited for an interview to discuss your proposed course choices. We will look at your most recent progress report against the entry criteria for your chosen courses and will discuss your attendance, conduct and future career plans. If we have decided to make an offer, you will normally hear from us in writing within a working fortnight of your interview and it is important that you accept your offer within two weeks



AUGUST-SEPT

ENROLMENT AND INDUCTION

In July, you will be sent the details of your enrolment interview appointment for the end of August/start of September. External applicants must provide their results to us in advance of their interview. At the interview, we will discuss your results against the entry requirements and confirm your final courses. You will be given the details of your induction programme where you will begin your journey as a student of Newman College

Year 11 Road Map Key Months

YEAR
12

**GCSE
Results
AUGUST**

DECEMBER
PPE Results

OCTOBER
Year 11
Parents
Evening

December
College
Applications
Deadline

NOVEMBER
Pre Public
Exams Pre
Public
Exams

YEAR
11



YEAR
10

Year 11 Road Map Key Months

YEAR
12

**GCSE
Results
AUGUST**

**FEBRUARY
CORE PPE
INTERVIEWS**

**DECEMBER
PPE Results**

**OCTOBER
Year 11
Parents
Evening**

YEAR
11

**December
College
Applications
Deadline**

**NOVEMBER
Pre Public
Exams Pre
Public
Exams**



YEAR
10

Sixth Form
College
Apprenticeship
Employment and Training

YEAR
12

**GCSE
Results
AUGUST**

MAY
JUNE
GCSE
Exams

FEBRUARY
CORE PPE

DECEMBER
PPE Results

OCTOBER
Year 11
Parents
Evening

MARCH
GCSE
Language
Orals/ART

December
College
Applications
Deadline

NOVEMBER
Pre Public
Exams Pre
Public
Exams

YEAR
11



YEAR
10

The Why.....



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The language WE use is important

Have you done your homework?

OR

Tell me about the homework you have done



What can I do to ensure my child does **their** best ?



1. Spend time on the right things -things they don't know
2. Check they are learning and not just DOING work
3. High expectations and high aspirations and high support for school
4. Concentrate on the options ahead rather than grades

Environment-Where to work?

1. Where will they study?
2. Encourage them to CLEAR their DESK!
Have one subject ONLY on their desk
3. No distractions





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Knowledge vs familiarity



Knowledge vs. familiarity

- How well do you know the 50p coin? You have seen it thousands of times, so you should know all about it.
- Think about the front of a 50p coin (not the side with the Queen's head). There is an image of Britannia.
 1. What is in her left hand?
 2. What is in her right hand?
 3. What is on the shield?
 4. What is on her head?
 5. What is at her feet?





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This should be
centred on thinking
hard about the
content as well as
reading and
practising past
papers

DAILY
ROUTINE



Daily, weekly and fortnightly parent plan for you

DISCUSS - TEST - CHECK

Have you done your homework?

OR

Tell me about the homework you have done

30 min slots	M	T	W	Th	F	S	S
DAILY (tick when done)	Test yourself daily on the flashcards you don't know.	Test yourself daily on the flashcards you don't know.	Test yourself daily on the flashcards you don't know.	Test yourself daily on the flashcards you don't know.	Test yourself daily on the flashcards you don't know.	Test yourself daily on the flashcards you don't know.	Test yourself daily on the flashcards you don't know.
Time							
	Option A (wkly)	Option B (wkly)		B (wkly)	RE(wkly)	Once a fortnight English	Maths (wkly)
Time							
	RE(wkly)	English (wkly)	Option C (wkly)	English (wkly)	Maths (wkly)	Once a fortnight RE	Once a fortnight Option A
Time							
	Science (wkly)		Science(wkly)	D (wkly)	C (wkly)	D (wkly)	Once a fortnight Option B
Time							
			Option A (wkly)		Once a fortnight Science	Once a fortnight Option C	Once a fortnight Option D



Streaks



- Jerry Seinfeld, who created used to use the 'Seinfeld Strategy' (also known as the 'don't break the chain' strategy) to form effective habits.
- This strategy is all about deliberately practising a skill each day until it becomes a habit.

Recording and rewarding streaks

S	M	T	W	R	F	S
	X	X	X		X	X
X	X	X	X	X	X	X
X		X		X	X	X
X	X	X	X			

Revisit or Revise each day and tick it off when it is achieved

30 minute sections each day every day initially

Possible rewards

££££

Time related (including consoles)

Lift somewhere

Special treat

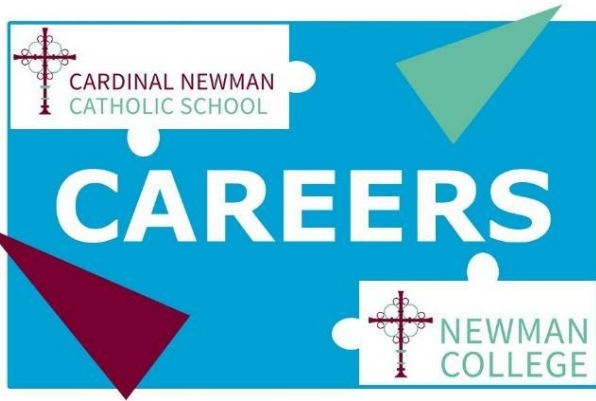
40% Content

- Read through class notes
- Use resources on websites and from google classrooms
- Use course textbooks
- Mind Maps / Diagrams
- Make / Remake class notes
- Highlight / Colour code
- Flashcards
- Use a Revision Wall to display your learning
- Work with other students in groups/pairs.

60% Practice

- Write exam answers under timed conditions
- Read model answers
- Compare model answers against your own
- Use past exam questions & planning answers
- Mark your own work to a mark scheme
- Create your own exam questions
- Hand in extra exam work for marking
- One-to-one discussions with teachers.





Careers Drop-in

*Every Tuesday lunchtime
in the library*

- Confused about your post-16 choices?
-colleges & courses?
-how and when to apply?
-university? And choosing the right subjects?
-apprenticeships? And how to find them?
-how to get the career you want? Or develop some career ideas...?
-all this & more....

Bring your questions to the drop-in. Year 11s can also come along to request a guidance interview.

With Amanda Carroll, Independent Careers Adviser RCDP, Email a.carroll@cncs.co.uk

Adults in the school you can talk to about college applications/career choices etc:



Mrs Bagshaw
s.bagshaw@cncs.co.uk



Ms Marsh
l.marsh@cncs.co.uk



Mrs Carroll
a.carroll@cncs.co.uk



Mr Boden
s.boden@cncs.co.uk

Remember things you can do to get ahead of the game:

- Have a look at the career confident website for lots of information about colleges and careers.
- Have a look at the college websites: they all have lots of information about courses/grades etc.
- Start revising for your PPEs asap. The colleges will ask for your PPE results.



Revision Tips and Techniques

Effective revision techniques | How to ensure revision is productive.

5 productive ways of revising materials are:

- Retrieval practice
- Questioning & Elaboration
- Concrete Examples
- Spaced Practice
- Interleaving



Retrieval Practice |

Retrieval Practice: paradoxically, forgetting leads to better remembering



STEP 1 - Make a list of all the important information you need to know from a particular unit or chapter.

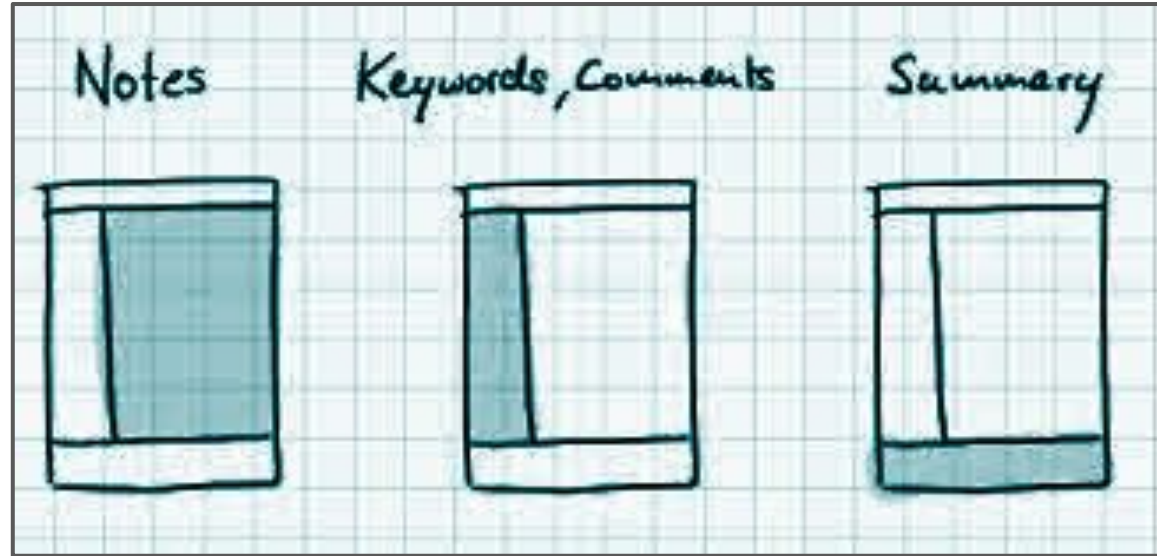
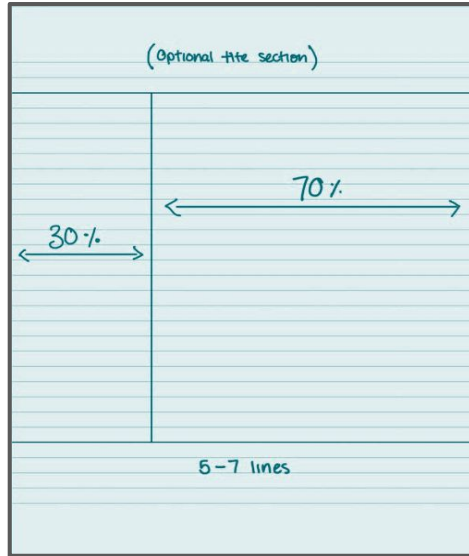
STEP 2 - Close the books and create a quiz using flashcards or app.

STEP 3 - Try to retrieve everything you remember.

STEP 4 - Go back and check all your answers.

Cornell Note Taking |

A system for taking, organising and reviewing notes.



1. Divide the page into 4 different sections
2. All information /facts go into the main note-taking column.
3. Write key questions about the notes, keywords or comments in the margin.
4. Summarise the notes at the bottom of the page in your own words

Use past papers to test yourself

[illegible]

Here you can find past papers and mark schemes to help you prepare for exams.

Select a subject to start your search.

Subject

Which subject?

Qualification

Please select

Specification

Please select

Series

Please select

<http://www.aqa.org.uk/subjects/mathematics/maths-take-another-look/revision-tests>

Leitner Method | Using flashcards to improve memorisation through spaced repetition.



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Questioning & Elaboration |

information with old information.

Asking how and why things work helps you connect new



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Concrete Examples |

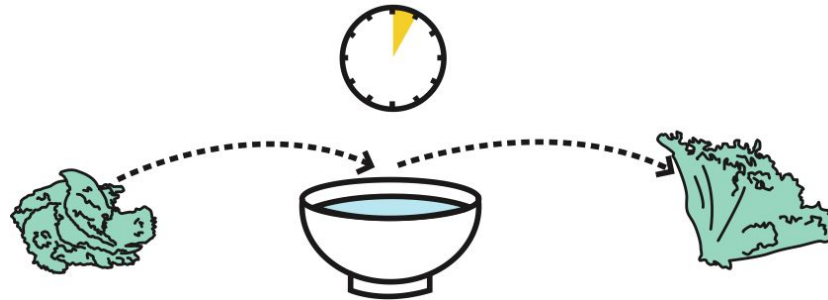
real-world examples of success.

Linking abstract concepts with concrete examples helps you form

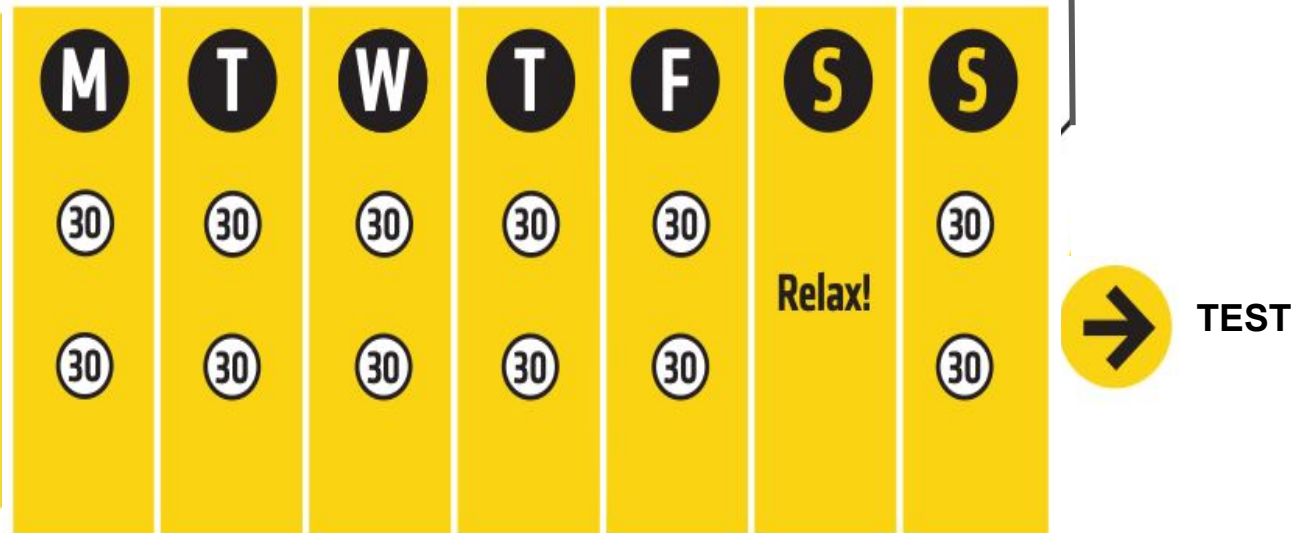
One of the most effective things you can do is to get concrete examples of abstract ideas you have learned in class. For example,

Osmosis

Water moves from where there is a high water potential (a lot of free water and a low concentration of solute) to an area of low water potential (little free water and a high concentration of a solute).



Spaced Practice | Little and often is much more effective than all at once.



By breaking up your revision into 30 minute chunks and spacing out the time between revision, you will consolidate what you have learned and retain the material much more effectively.

**WANT TO
STUDY SMART?**
REVISE WITH THE
POMODORO TECHNIQUE



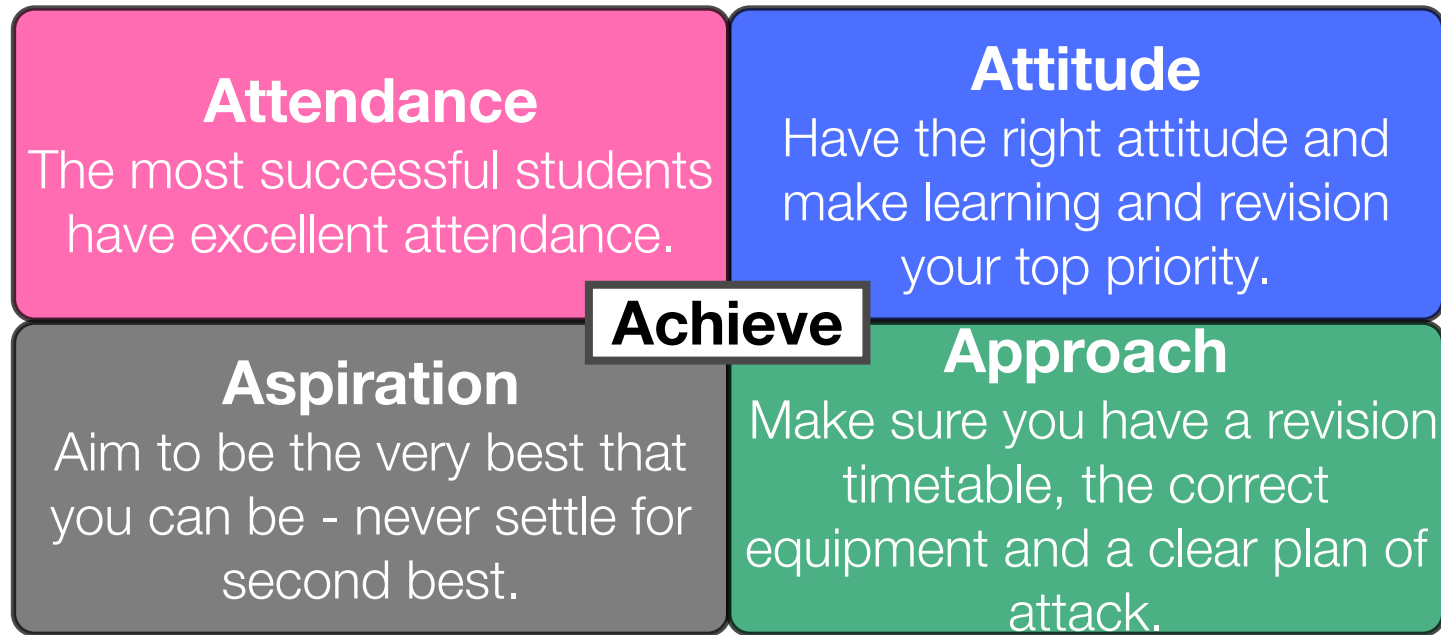
Y10 Careers Week 18 - 21 July 2023

	Group A	Group B	Group C
Monday 17 July	Sports Day	Sports Day	Sports Day
Tuesday 18 July	College taster day	Work experience with parent/carers	Employer workshops and talks
Wednesday 19 July	Employer workshops and talks	College taster day	Work experience with parent/carers
Thursday 20 July	Work experience with parent/carers	Employer workshops and talks	College taster day
Friday 21 July	Celebration day in school	Celebration day in school	Celebration day in school

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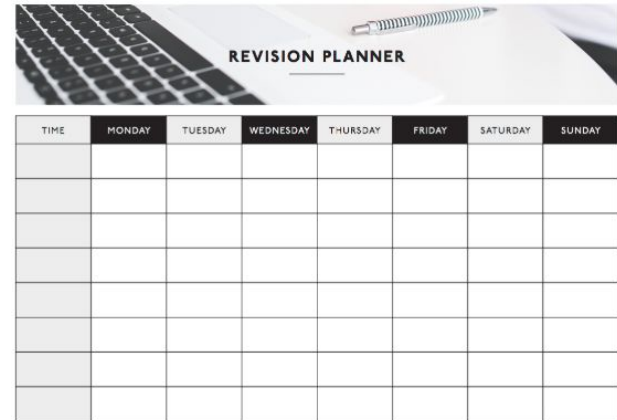
Key features of successful students



Perfect revision session

Thirty minutes at a time,
then a break.

Tick off your streak



REVISION PLANNER

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY

Can I have my phone on?

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Can I have my phone on?



No mobile
phones



No mobile
phones



No mobile
phones



No mobile
phones

Nope!

It takes you eleven minutes to refocus.

Turn it off, put it away, give it to
someone.



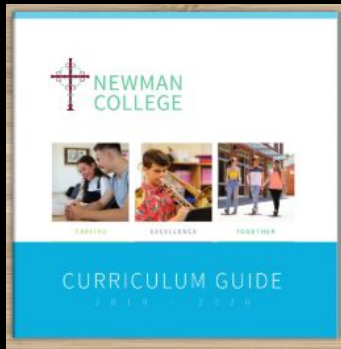
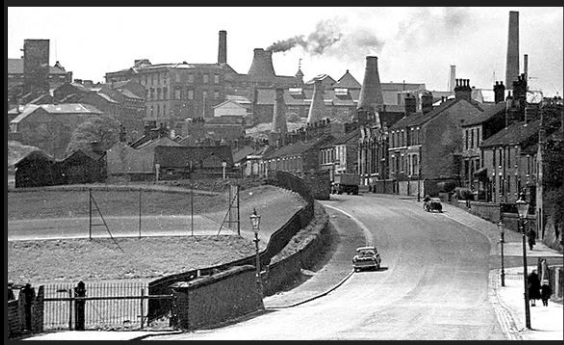
Can I listen to music?



Can I listen to music?

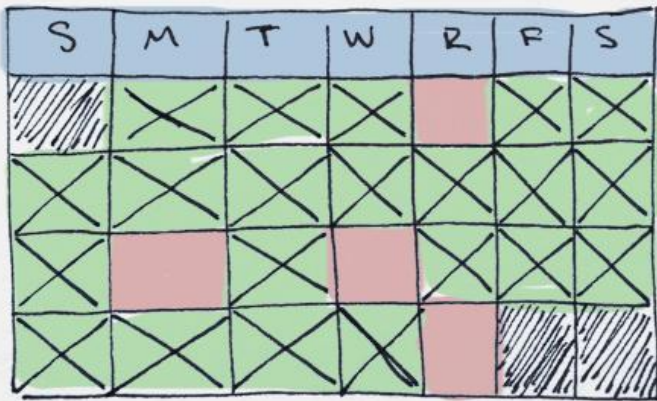


Some research says no, some says yes
Speakers better than headphones.
Make up 30 minute playlists.

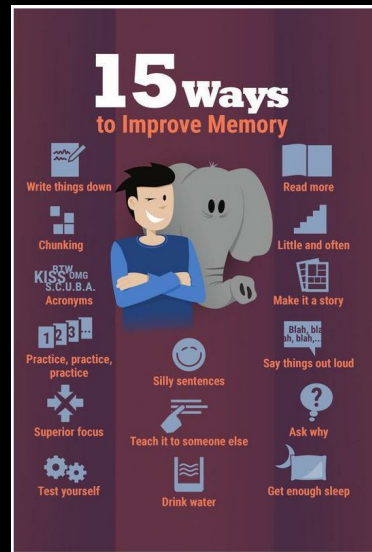
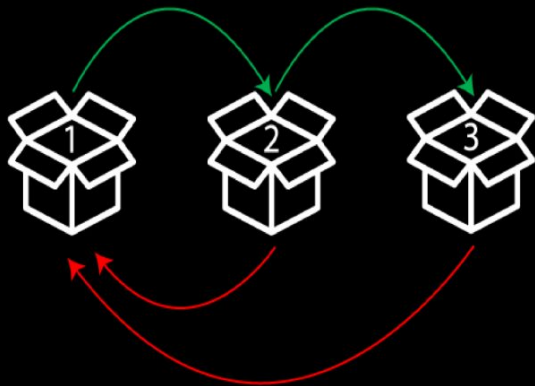


Discuss the future and the options they want to have for next year and beyond and the choices they have to make now to achieve this





Create a climate to recognise and reward when revision has been done



Encourage your child to get started on revision now - explore different strategies to revise as using just one is not advisable